

# FSA Flexible Spending Account



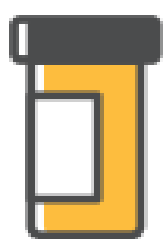
Take advantage of intelligent, seamless, and user-friendly FSAs from CAFE HEALTH.

## What is a Flexible Spending Account (FSA)?

A flexible spending account (FSA) helps participants save on out-of-pocket qualified medical, dental, and vision expenses, or qualified dependent care expenses.

## Flexible Spending Accounts (FSAs) from MY CAFE HEALTH

*No matter what type of FSA you need, you can find it from MY CAFE HEALTH .*



### Medical FSA

A medical FSA covers general-purpose health expenses and can be used for qualified expenses such as prescription drugs, insurance copayments and deductibles, and medical devices.



### Limited Medical FSA

A limited medical FSA covers qualifying dental, vision, and preventive care expenses and can be paired with a high-deductible health plan (HDHP) and a health savings account (HSA)



### Combination FSA

A combination FSA (sometimes referred to as a post-deductible FSA) allows a participant to use their FSA to pay for qualified vision and dental expenses until they've met the IRS deductible. Once the deductible has been met, their account converts into a medical FSA and more expenses will be eligible.



### Dependent Care FSA

A dependent care FSA helps participants save money on eligible dependent care services, such as child (up to age 13) or adult daycare, before or after school programs, summer day camp, and more!

## Intelligent, Seamless, User-Friendly FSAs from My Cafe health

Whether you take advantage of our intelligent carryover, seamless support of grace periods, or love us for our user-friendly experience, My Cafe Health is committed to investing in industry-leading technology to give you access to innovative features to streamline your workflow and simplify the participant experience.



### Fast Fact

With MY CAFE HEALTH, you can experience up to a 95% auto-substantiation rate.\*

\*When you implement recommended forms of auto-substantiation.